Smartwatch user manual

catalog

English language User Manual~~ 1-10

Welcome to use the smart bracelet, high performance smart bracelet to create a intimate fitness experience.

corrective maintanance

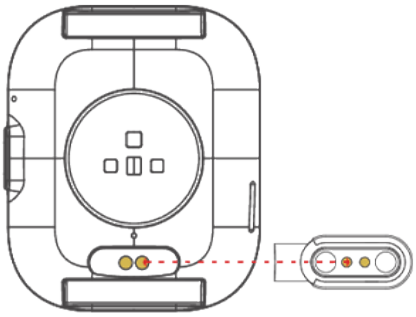
When maintaining your bracelet, remember the following tips:

- Clean the bracelet regularly, especially on the inside, to keep it dry.
- Adjust the tightness of the bracelet to ensure air circulation.
- The wrist of the bracelet should not use excessive skin care products.
- In case of skin allergy or discomfort, please stop wearing it.

Schematic diagram of the bracelet host

starting up

Long press the side key for 3 seconds or plug in the magnetic suction charging cable to charge up.



Bracelet APP download and binding

1. Download and install the APP

1. Scan the QR code with your mobile phone and download the APP.

2. IOS system select App store, search and download Da Fit

Android The system can choose the app Bora to download and install Da Fit, or scan the QR code to download.

Da Fit

Note: The phone must support Android 5.1 or IOS 8.0, Bluetooth 4.0.

2.APP binding bracelet

1. Click "Add Device" to bind the bracelet.
2. Click on your device on the list of scanned devices.

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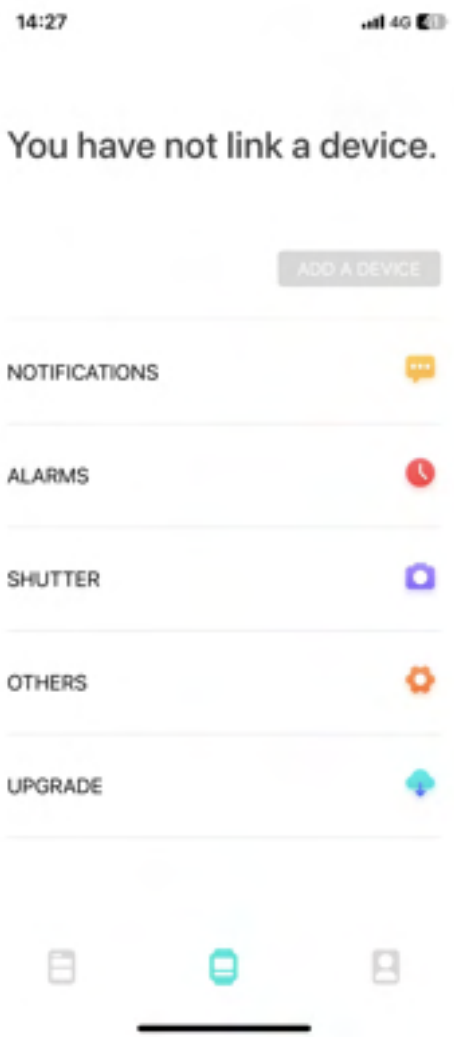

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3. The Bluetooth pairing request will appear in the IOS system. Click Bluetooth "Pair" to confirm. Android Direct direct connection.

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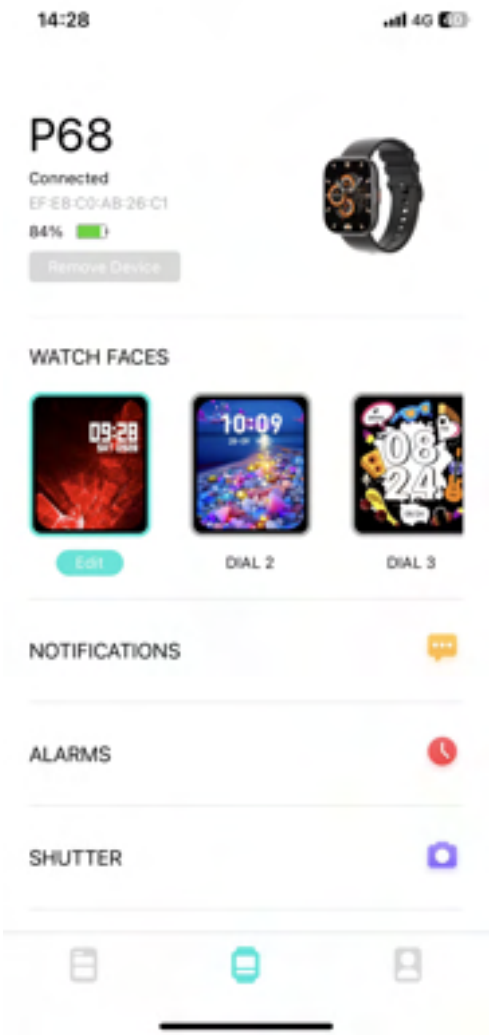

A Bluetooth-call connection

To connect the Bluetooth call, first open the Bluetooth call switch in the drop-down interface to find the Bluetooth model, as shown in the figure below:

Android: After the APP successfully connects to the watch with Bluetooth.
1. The phone will automatically pop up the "pairing" request and click "allow".
2. Some brands of mobile phone models do not need to pop up the pairing confirmation authority. After connecting to Bluetooth, the call function is directly connected. After successful binding, you can answer and pull the call on the watch.
IPhone: Open the phone to set Bluetooth in turn, and find the click connection pair (P68 Audio) in the search list. After the binding is successful, you can answer and pull out the phone call on the watch.

Watch call to unconnect

Android: Android phones can be disconnected from the phone simply by clicking to remove the device.
IPhone: After the iPhone is unbound, you also need to find the P68 Audio in the phone setting - -Bluetooth, click the symbol on the right, and choose to ignore this device. Can be disconnected from the mobile phone.

Introduction to bracelet function

Boot status:
Home screen menu interface switch, the interface shown below;

1. Main interface function
When the bracelet and the APP are connected for the first time, the time and date of the phone will be synchronized.

2. Step counting, distance, and calories
The step counting interface shows the step counting, wears the bracelet on the wrist, and the bracelet automatically records the number of steps, walking distance and calorie consumption data.

3. Sleep monitoring
Wearing the bracelet at night can automatically judge whether they enter the sleep state, record deep sleep and light sleep respectively, and summarize the sleep time to help users monitor their sleep quality. Measure the quality of sleep according on the amplitude and frequency of your wrist movements while you sleep.
Note: Since everyone's sleep time and habits are different, the sleep monitoring time is for reference only.

4. Heart rate measurement
In the heart rate test interface, the motor vibrate once after "Start measurement" and "stop" and displays the current measurement data.

5. Exercise
The sports interface includes a variety of sports, including walking, running, cycling, rope skipping, badminton, basketball, football and so on.

6. Voice assistant
Click the voice, through the connection with the mobile phone, the user's spoken English into text, intelligent dialogue and real-time question and answer intelligent interaction.

7.telephone
Turn on the Bluetooth feature for your phone and your smartwatch. The phone searches for a smartwatch's Bluetooth device and initiates the pairing. If both parties confirm the match, there will be a prompt to successfully connect. Click the number keyboard of the watch to pull and call the phone and answer the call.

8. Blood oxygen
In the blood oxygen test interface, the motor vibrate once after "start measurement" and "stop" and displays the current measurement data.
Blood oxygen saturation (Sp 2) is the volume of oxyhemoglobin (Hb 2) bound by oxygen in the blood, accounting for the percentage of all combined hemoglobin (Hb, hemoglobin), that is, the concentration of blood oxygen in the blood.
Note: The data measured by blood pressure and blood oxygen are for reference only and cannot be used as the basis for relevant medical aspects.

9. The weather
The weather page will show the current weather,

slide up to show the weather forecast for the next six days.
The weather information needs to be connected to the client before obtaining the data. If the connection is disconnected for a long time, the weather information cannot be updated

10. Information
In the information interface, you can view the content of the message push. The number of information bars can be stored up to 5. After the number of information reaches 5, the information displayed before will be replaced one by one.

11. Camera
After connecting to the phone, the bracelet can be used as a remote control for the phone camera. APP open "Photo Control", can "shake" the bracelet and click the icon to take photos.

12. Music control
When connecting to the phone, the bracelet can control the phone's music player. When the phone is playing music, you can use the hand ring to control the phone to play / pause, the last song, the next song operation

13. A flashlight
When opened, the screen will be adjusted to the maximum brightness is always bright, slide left to exit the interface.

14. Set
Click the "Settings" icon to enter the list of functions, including display, vibration & ring, power saving mode, screen clock, find mobile

phone, system, about, APP download functions

remove binding

Android phones can break from the phone simply by clicking to remove the device.

After the iPhone is unbound, you also need to set- -Bluetooth, click the symbol on the right, choose to ignore this device.as illustrated in following figure

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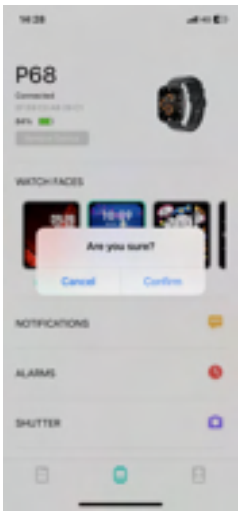

1. Why does the wristband automatically disconnect from the Bluetooth connection when the Android phone screen goes off?

1>. Locking in the background APP. Da Fit After the process is cleared, the bracelet will lead to be disconnected from the mobile phone.
2> Set the APP to start from itself.
3> Background runs are unlimited. Android phone installation APP, the default is to intelligent limit background operation, need to manually set the APP without taking any restriction measures.

2. Why can't the bracelet receive the message push?

1>. Confirm that the message push switch is enabled on the mobile phone client.

2>. The confirmation message can be displayed in the phone notification bar. The message push of the bracelet is pushed by reading the message in the phone notification bar, the bracelet will be unable to receive the push.(You need to find the notification setting in the mobile phone Settings, and turn on the notification switches of wechat, QQ, phone, SMS and mobile phone client).

3> Open the phone- -set up, the top search box, enter "notification access", reopen Da Fit.

3. Why not wear a bracelet for a hot bath?

A: the temperature of the bath water is higher, can produce a lot of water vapor, and water vapor is gas, its molecular radius is small, easy to penetrate from the bracelet shell space, when the temperature down and will condense into liquid water droplets, easy to cause bracelet internal short circuit, damage hand ring circuit board, and damage the bracelet.

Warning:

Ask your doctor before the new exercise program. Although the smart bracelet can monitor the dynamic heart rate in real time, it can not be used for any medical use.